



# Journal of Contemporary Dental Sciences

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January, 2019

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- \* Papers should be submitted to the Chief Editor, Journal of Contemporary Dental Sciences, Sapporo Dental College, 24, Courtbari Road, Sector 8, Uttara, Dhaka.

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## **Editorial**



A Happy New Year to all our readers and contributors.

The end of a year provides an opportunity to reflect on the events of the previous 12 months. Similarly, the start of a new year is the time for predictions and resolutions, allowing creators to readjust to producing the necessary material on time.

One might think "If everything is predetermined, why bother doing anything?" However, that is not the proper thinking. Instead, it expresses relentless continuation. Furthermore, it suggests that whatever happens, it would be positive and exciting, presenting thought-provoking opportunities and possible future routes.

Therefore, this is crucially important for us as individuals and professionals to adapt and move forward with evolving situations. Let's always be sure that something will happen. Be also sure too that we can influence it if we choose.

The current issue (Volume 7, Issue 1, January 2019) of the Journal of Contemporary Dental Sciences brings 3 Original Articles and 2 Case Report for its readers. We sincerely hope that the presented articles will be well-accepted by our readers.

A handwritten signature in black ink, appearing to read 'Asad-Uz-Zaman' with a stylized flourish at the end.

**Professor (Dr.) Asad-Uz-Zaman, BDS, DDS, PhD**

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# Consanguinity and Associated Congenital Anomalies- A Cross-Sectional study on 82 patients

ATMS Islam<sup>1</sup>, M Ahmed<sup>2</sup>

## Abstract

*Consanguinity has been associated with congenital anomalies. The present cross-sectional study analyzed the association between consanguinity and different types of congenital anomalies other than orofacial cleft. Here, we surveyed 82 patients who visited the Outpatient Departments of Dhaka Dental College Hospital and Shaheed Suhrawardi Medical College Hospital between January 2013 and December 2014 for cleft lip and palate treatment. Twenty-four patients presented with various associated congenital anomalies other than cleft lip and palate. The mean age of the patient was 5.6 years and the 3 - 6 years group was the largest. Males (48) were higher in number than females (34). Thirteen patients had a history of consanguinity. According to types of consanguineous marriage, 8 were first cousins, and 5 were other than 1st cousins. Our results suggest that consanguinity incurrences underlying genetic risk factors, particularly in the offspring of first cousins.*

**Key Words:** Consanguinity, Consanguineous marriages, congenital anomalies, premarital counselling, Public health education

(J Cont Dent Sci 2019;7(1): 1-4)

## Introduction

Consanguineous marriages have been practised since the early existence of modern humans.<sup>1,2</sup> Still, consanguinity is seen worldwide in several communities with variable rates, particularly in the Muslim world.<sup>3-5</sup> Consanguinity describes unions between couples with at least one common ancestor. It is also loosely termed inbreeding.<sup>2,6-8</sup> Consanguineous marriage may be among first cousins, one-and-a-half cousins, double first cousins, second cousins and remote relatives.<sup>2,5,9</sup> The offspring of consanguineous unions, especially in the first cousin, may be at increased risk of genetic disorders because of the expression of autosomal recessive gene mutations inherited from a common ancestor.<sup>6,10,11</sup> The closer the biological relationship between parents, the greater the probability their offspring will inherit identical copies of one or more detrimental recessive genes.

On average, their progeny will be homozygous as they will receive identical gene copies from each parent.<sup>9,12,13</sup>

Consanguinity is prevalent in many countries, especially among Muslims.<sup>2,14,15</sup> In Muslim societies, there is a strong preference for consanguineous unions, most frequently between first cousins. Marriage outside the family is perceived as a risky and disruptive option.<sup>2,15,16</sup> The primary reasons for a preference for consanguineous marriages in such communities with high consanguinity rates include better stability of the marital relationship, ease of finding out a suitable spouse, improved relationships with in-laws, cost-effective, getting better care for in older age, above all maintaining the lineage solidarity of the family.<sup>15,17,18</sup> Although less frequent, consanguineous marriages are also seen in North America, many parts of Europe, Australia, and traditionally in many tribal populations worldwide.<sup>19,20</sup> Consanguinity without knowing the risk of genetic consequences causes an increase in mortality and malformation rate in the family. Comparison between genetic diseases with different modes of inheritance showed that recessive and multifactorial disorders had the highest values in consanguinity.<sup>11,12</sup>

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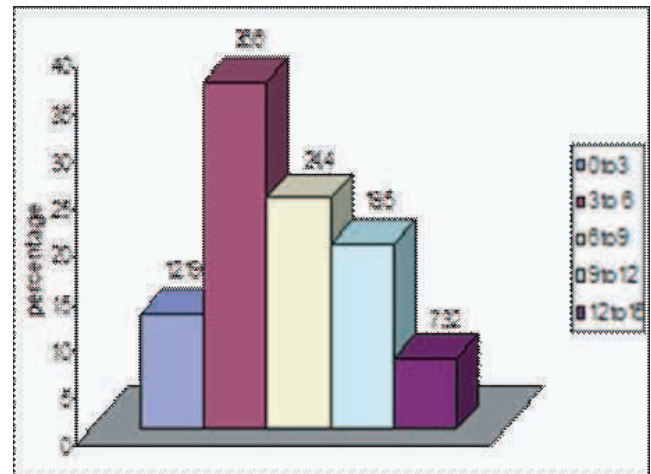
Bangladesh is a country of about 170 million people and runs a lower-middle-income economy. It has limited resources, and the inadequacy of health education and awareness among most of the population is still a concern. Over 90% of Bangladesh's population is Muslim, leading to a semi-conservative social structure favouring consanguineous marriages. However, little information on the country's prevalence, extent, and clinical implications of consanguineous marriages is available. This study aimed to determine the association between consanguineous marriage and congenital anomalies.

### Materials and Methods

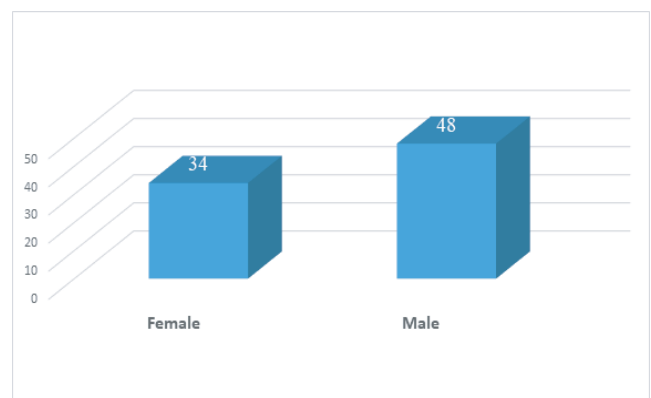
Eighty-two cases were selected from patients visiting with cleft lip and palate and who sought treatment in the Oral & Maxillofacial Surgery Department of Dhaka Dental College Hospital and Shaheed Suhrawardi Hospital, Dhaka, from January 2013 to December 2014. This study was conducted after achieving informed consent from the patients and the Ethical Clearance certificates from the hospital authorities. A standardized structured data collection instrument was used to record the demographics, patient complaints, and the mother's personal history. In addition, the patient's complaints of associated congenital anomalies, speech difficulties, middle ear infection, hearing loss, genetic disorders like Down's syndrome, congenital heart diseases (CHD), repeated respiratory tract infection, syndactyl, polydactyl etc., were examined thoroughly. In addition, echocardiograms were done to confirm CHD.

### Results

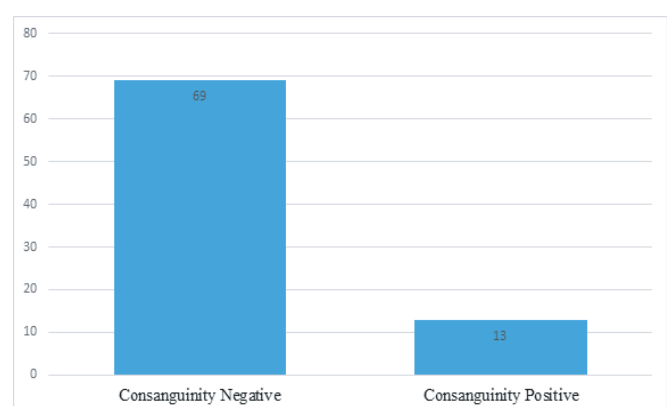
The participants' age, sex, consanguinity history and associated congenital anomalies are shown in Fig 1, Fig 2, Fig 3, and Table 1, respectively.



**Fig 1:** Age distribution of the patients (N = 82).



**Fig 2:** Sex distribution of the patients (N = 82).



negative patients (N = 82).

**Table 1.** Congenital anomalies in patients with positive parental consanguinity

Patients having positive parental consanguinity	Name of associated congenital anomalies	Number (percentage) of patients
13	CHD	7 (53.8)
	CHD with Down's syndrome	3 (23.1)
	Down's syndrome	1 (7.7)
	Syndactyl	1 (7.7)
	Polydactyl	1 (7.7)
CHD: Congenital Heart Disease		

**Table 2.** Distribution of associated congenital anomalies among various types of consanguinity

Name of associated congenital anomaly	Types of consanguineous marriage		Total number of patients
	First Cousin (N=8)	Other than First cousin (N=5)	
CHD	5	2	7
CHD + Down's syndrome	2	1	3
Down's syndrome	Nil	1	1
Syndactyl	1	Nil	1
Polydactyl	Nil	1	1
Total	8	5	13
CHD: Congenital Heart Disease			

**Table 3.** Congenital anomalies in the total sample

Total patients	Associated congenital anomaly	Number ( % ) of positive patients
82	CHD	12 (14.6)
	CHD with Down's syndrome	03 (3.7)
	Down's syndrome	02 (2.4)
	Syndactyl	05 (6.1)
	Polydactyl	02 (2.4)
	Total	24 (29.3)
CHD: Congenital Heart Disease		

In our study, the mean age of the patients was 5.6 years, and the highest number of patients were in the 3 - 6 years group (Fig 1). Of the total 82 patients (Fig 2), males (48) were higher in number compared to females (34). In addition, 13 patients out of 82 had a history of consanguinity (Fig 3). The congenital anomalies of consanguinity-positive patients are listed in Table 1.

Out of 13 consanguinity-positive patients, according to types of consanguineous marriage, 8 were first cousins, and 5 were other than 1st cousins (Table 2). In addition, of 82 patients, 24 were presented with various associated congenital anomalies other than cleft lip and palate (Table 3).

## Discussion

This study analyzed the association between congenital anomalies and consanguineous marriage. In developed nations, such patients are identified early. Therefore, prompt and appropriate counselling and treatment are provided at an optimum time to achieve the best outcome<sup>4,6,21</sup> The age of the patients in our study ranged from 1 - 15 years. Only 12.2% (n = 10) were below 3 years, and 87.8% (n = 72) were above 3 years. This indicates that social awareness in our population is still lacking. In this study, males outnumbered females, and the ratio was found to be 1.4: 1. The exact cause of the high incidence of facial clefts and associated congenital anomalies in males could not be ascertained..<sup>7</sup> Family history (Genetic factors) has a significant role in congenital anomalies.<sup>7,8</sup> It has been seen in our study that 13 patients (15.85%) have a positive family history. Generally, people blame the mother for her baby, those born with congenital disabilities and believe in superstition.<sup>4</sup> However, this has no scientific basis. Consanguinity might have a decisive role in this deformity. Recessive genetic disorders increase the dormant mutant gene effect on the affected siblings.<sup>4,9,10</sup>

The present study revealed 13 patients whose parents have a history of consanguinity. They all suffered from different types of associated congenital anomalies, either single or multiple, along with cleft lip and palate. Many previous studies revealed high incidences of associated congenital anomalies with consanguinity.<sup>9,21</sup> Some patients suffered from nasal voice, speech problems and middle ear infections primarily due to their orofacial cleft. Consanguinity is a remote possibility there; hence not shown in the results.

The present study also suggests that the risk for associated congenital anomalies, including orofacial cleft, is higher in consanguineous unions in the studied population, principally at first-cousin and closer. So trends of consanguineous marriage in our society should be considered in empiric risk estimates in genetic counselling. And preconception and premarital counselling on consanguinity should be part of primary health care, particularly in highly consanguineous populations.

Consanguineous unions have been associated with increased susceptibility to various forms of inherited disease, which suggests that couples may have deleterious lethal genes inherited from a common ancestor. When transmitted to their offspring, they can lead to prenatal, neonatal and child morbidity or mortality. The present study was conducted on 82 patients to evaluate the presence or absence of associated congenital anomalies in the patient having orofacial cleft with the consanguineous marriage of their parents. However, for more precise risk estimates and a better understanding of the underlying disease factors to establish this outcome, further long-term study with a larger population is needed.

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# A comparative study of widal test and typhidot in rapid diagnosis of typhoid fever

RA Khan<sup>1</sup>, MF Karim<sup>2</sup>, KH Pasha<sup>3</sup>

## Abstract

*Typhoid fever is a major public health problem in Asia pacific region. It is endemic in India subcontinent including Bangladesh. Conventional methods for its diagnosis are blood culture and widal test. Typhidot is a new rapid serological test which now commercially available and reliable in diagnosis of typhoid fever. Typhidot test is an immunodot ELISA which detects antibodies to a specific 50 KDa outer membrane protein specific for Salmonella typhi within an hour. The aim of the present study was to evaluate the utility of typhidot test in rapid diagnosis of typhoid fever in term of sensitivity and specificity. In comparison to the gold standard test i.e. blood culture, sensitivity & specificity of widal test (66.67% and 83.33%) and of typhidot test (93.75% & 96.30%) respectively.*

**Key Words:** Typhidot, blood culture, widal test, Salmonella typhi.

(J Cont Dent Sci 2019;7(1): 5-8)

## Introduction

Typhoid fever caused by Salmonella typhi is one of the most common infectious diseases and endemic in India subcontinent.<sup>1</sup> It is a life threatening systemic infection and a major public health problem occurring more frequently in developing countries where overcrowding, poor hygiene and sanitation were prevalent.<sup>2,3</sup> Typhoid fever is a major cause of morbidity and mortality globally, causing an estimated 16.6 million new infections and 600000 death each year.<sup>4</sup> The annual incidence of typhoid fever has been reported as more than 13 million cases in Asia, causing more than 6 lakhs death worldwide annually.<sup>5</sup> Therefore, it's rapid, accurate diagnosis is imperative to initiate proper management and to prevent unnecessary use of antibiotics and to control the disease. Blood culture is the gold standard test for the diagnosis of typhoid fever but it may not be always available or may not be done properly in many laboratories. Widespread and indiscriminate use of antibiotics also make the

isolation of the causative organism difficult from blood.<sup>6</sup> On the other hand, Widal test, a serological test is readily available and inexpensive which has been in use in all clinical settings for many years. But doubts have been raised regarding its validity as the titres of diagnostic significance of this test differ in different geographical areas in different population and in the presence of other febrile illness. Currently another serological test by the name of Typhidot test' is commercially available for the diagnosis of typhoid fever. This has been reported as a fast, reliable and easy to perform serodiagnostic test with higher sensitivity and specificity than widal test. Studies from other countries of Asia and India have found it to be of practical alternative to widal test in the diagnosis of typhoid fever. Therefore the present study was undertaken to determine the utility of this test in rapid diagnosis of typhoid fever.

## Materials & Methods

This Comparative study was conducted in the department of Microbiology and Immunology, Kumudini Women's Medical College, Mirzapur, Tangail from October, 2017 to April, 2018. The study group included 80 clinically suspected typhoid fever cases of all age groups as well as both sexes who presented to OPD (Out Patient Department), Kumudini Womens Medical College hospital, Mirzapur, Tangail where as

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febrile patients with alternative diagnosis were excluded from the study. Detailed clinical evaluation as well as routine investigations like CBC, smear for malarial parasite, urine, stool microscopy, urine culture were done in all cases. Blood samples were collected from all the patients included in the study. 10 ml of blood from adult patients and 5 ml from under 12 years were inoculated into the blood culture media (BHI broth) and inoculated at 37°C. Subculture were done on every alternate day till the 7th day.

The growth of *Salmonella typhi* was identified as per standard protocol and confirmed by agglutination with *Salmonella* polyvalent 'O','O9' & 'H':'d' antisera.<sup>8</sup> The widal test was performed by slide agglutination method and it was considered positive when "O" titre of equal to or more than 1:160 was observed.<sup>9</sup>

Typhidot is a rapid, qualitative dot ELISA test kit which detects IgM & IgG Abs against a specific 50 KD outer membrane protein (OMP) of *Salmonella typhi* which is impregnated on nitrocellulose strips. The test was done as per manufacturer's kit instructions (Typhidot, Malaysian Biodiagnostic Research SDN BHD; Kuala Lumpur, Malaysia). Results of blood culture, widal test and typhidot test were compared in all patients for their sensitivity and specificity.

### Results:

80 blood samples were evaluated for typhoid fever by blood culture, widal test and typhidot. Out of the 80 patients 12(15%) were positive by blood culture. Widal test were positive in 20(25%) patients which included 8 in blood culture positive patients and 4 in blood culture negative patients. These 4 patients who were negative on blood culture but were positive by widal test. Typhidot were positive in 26(32.5%) patients. Out of the 26(32.5%) typhidot positive cases 10 were positive by blood culture and 2 were negative by blood culture. These 2 patients who were negative on blood culture but positive by typhidot and were also positive by widal test. Thus in comparison to the gold standard test i.e. blood culture, sensitivity and specificity of widal test (66.67% & 83.33%) and of typhidot test (93.75% & 96.30%) respectively.

**Table I:** Results of blood culture, widal test & typhidot test

Results	Blood culture	Widal test	Typhidot test
Positive	12(15%)	20(25%)	26(32.5%)
Negative	68(85%)	60(75%)	26(32.5%)
Total	80(100%)	80(100%)	80(100%)

**Table II:** Comparison of widal test with blood culture

Blood culture	Widal Test	
	Positive	Negative
Positive 12 (15)	8 (66.67)	4 (33.33)
Negative 68 (85)	12 (17.65)	56 (82.35)
Total 80 (100)	20 (25)	60 (75)

Parenthesis indicate percentage

**Table III:** Comparison of typhidot with blood culture

Blood culture	Typhidot Test	
	Positive	Negative
Positive 12 (15)	10 (83.33)	2 (16.67)
Negative 68 (85)	16 (23.53)	52 (76.47)
Total 80(100)	26 (32.50)	54 (67.50)

Parenthesis indicate percentage

**Table IV:** Validity of widal test & typhidot test as a diagnostic tool in comparison with blood culture.

Parameter	Widal test	Typhidot test
Sensitivity	66.67%	83.33 %
Specificity	93.75%	96.33 %

### Discussion

Typhoid fever is a systemic illness with a significant morbidity and mortality in developing countries.



Poor sanitation, overcrowding, low standard of living, lack of medical facilities and indiscriminate use of antibiotics lead to endemicity of typhoid fever and multiresistant strains of *Salmonella typhi* in developing countries.<sup>10,11</sup> Blood culture has remained the gold standard test in diagnosis of typhoid fever. However it is well recognized that facilities for blood culture are not readily available everywhere. Moreover, it is time consuming, expensive and the number of cultures showing positive result is also small.

In our study blood culture positivity among clinically suspected typhoid cases was in 12(15%) cases. Culture positivity in other studies has quoted sensitivity ranging from 08% - 43%.<sup>5</sup> Widal test has been used for over a century in developing countries but its diagnostic utility has been limited due to low sensitivity and specificity.<sup>2</sup> Decreased sensitivity is due to the long latent period after which the test may become positive. Decreased specificity is due to prior infection, vaccination with TAB vaccine, cross reaction with other Gram negative infections. Thus the test had sensitivity of 66.67% and specificity of 75%. Similar result has been reported in other studies from endemic areas.<sup>12,13,14</sup>

In a study by Maha et al.<sup>14</sup> the sensitivity and specificity of widal test were 81% and 71% respectively. Study done by Rahman et al.<sup>15</sup> also reported, the sensitivity and specificity of widal test as 81% and 71% respectively. The interpretation of widal test remain problematic to this day, with a greater number of articles reporting different cut-offs. The test has lost some popularity in recent years as technical skill are required for its performance, interpretation, different sensitivity and specificity rates that are obtained even in same region.<sup>16</sup>

In a developing country like Bangladesh, the widal test has been used extensively in the serodiagnosis of typhoid fever. However, Latif AO et al,<sup>17</sup> reviewed the significance of widal agglutination test and concluded that its use should not be encouraged in endemic areas. Ideally, in the widal test, a fourfold rise of the antibody titre in paired sera is considered as diagnostic of typhoid fever. However, paired sera are often difficult to obtain.

Typhidot is a new, inexpensive and reliable serodiagnostic test recently available commercially. Typhidot test is based on detection of antibodies which appear in detectable titres as early as the first week of illness. It showed sensitivity of 83.33% and specificity of 96.30% in blood culture proved cases. This is in accordance with study done by Sherwal et al.<sup>2</sup> and Narayan et al.<sup>12</sup> In this study the typhidot test showed higher agreement with blood culture (92.8%) than widal test (53.5%). This was also detected by Anusha et al.<sup>18</sup> as agreement of typhidot with blood culture has been calculated as (88%).

A similar study carried out in the southern part of India reported typhidot of having a sensitivity of (100%) and a specificity of (80%) and was recommended for its utility in conjunction with widal test for an early diagnosis of typhoid fever.<sup>19</sup>

## Conclusion

Typhidot test is a highly sensitive and specific test for diagnosis of typhoid fever. It is a rapid, easy to perform, more reliable test for typhoid fever as compared to widal test and can be useful in early institution of therapy. However, a larger prospective study is required to evaluate the proper usefulness of this test in countries endemic to typhoid fever.

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## The pattern of hypodontia among the patients attended in the Orthodontics Department of Bangabandhu Sheikh Mujib Medical University

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### Abstract

**Background:** Hypodontia is the congenital absence of one or more teeth and is a dental disability that affects a patient's function and aesthetics. The study was conducted to explore the pattern of hypodontia among the patients who attended the Orthodontics Department of Bangabandhu Sheikh Mujib Medical University, Dhaka. **Methods:** A cross-sectional study was performed among 102 hypodontic patients (44.1% male and 55.9% female, mean age = 18.98 ± 5.18 years) in the Orthodontics Department of Bangabandhu Sheikh Mujib Medical University. Data were collected from hospital records through a purposive sampling technique, in between August 2015 to February 2016. **Result:** The rate of hypodontia among the orthodontic patients was 10.02%. The highest incidence (39.3%) of hypodontia was observed among 13-15 years old patients. Females were predominant than males. More than 62.75% of patients had Angle's class I type of malocclusion. The highest frequency of missing tooth was found in maxillary lateral incisor (60.78%) followed by mandibular second premolar (45.1%). **Conclusion:** The Frequency of hypodontia among female patients is higher than in male patients. As it was a single-center study so this study needs to expand to the whole country to understand the current status of hypodontia among patients in the orthodontics department.

**Key Words:** Hypodontia, Orthodontic, Bangabandhu Sheikh Mujib Medical University.

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### Introduction

Hypodontia is one of the major dental anomalies which cause malocclusion by disturbing normal dental development.<sup>1</sup> Developmental dental anomalies such as hypodontia and microdontia are not uncommon in many populations, but little is known about their underlying causes.<sup>2</sup> Hypodontia

is the condition of naturally having fewer than regular number of teeth.<sup>3</sup> It is a multi-factorial dental irregularity<sup>4</sup> and is considered as one of the most commonly encountered oral variations. Hypodontia explains the developmental absence of one or more teeth, either in primary or permanent dentition.<sup>5</sup> The most common missing teeth are the permanent upper lateral incisors and, in some families, even the deciduous lateral incisors are missing.<sup>6</sup> This means that the majority of cases have a genetic basis although it is occasionally caused by environmental factors, followed by missing of the mandibular second premolar. The majority number of previous studies dealing with Caucasian populations have revealed that the most commonly congenitally missing tooth is the mandibular second premolar, followed by either the maxillary lateral incisor<sup>4</sup> or the maxillary second premolar.<sup>7,8</sup> Many studies have found that the teeth of patients with congenitally missing teeth have smaller mesiodistal dimensions than the normal population. But to our knowledge, only a few studies have compared the mesiodistal and labiolingual dimensions of the teeth of hypodontic patients.<sup>9,10</sup> The prevalence of hypodontia varies from 2.63% to 11.2%, depending on race.<sup>11,12</sup>

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Mild hypodontia (absence of one to five teeth) is relatively common, but severe hypodontia (oligodontia, the absence of six or more teeth) is rare. The previous meta-analysis has shown high variation in the prevalence of hypodontia between populations, which differs significantly between males and females. In the majority of the examined studies, females were more often affected by hypodontia than males, and the highest prevalence was found in the Chinese population (7.7% in women and 6.1% in men). In contrast to this trend, the lowest prevalence rate of 2.2% was found in Saudi Arabian women.<sup>12,13</sup> In Bangladesh, a study was conducted at the Department of Orthodontics, BSMMU revealed that the hypodontia prevalence among orthodontically treated was 9.54%.<sup>14</sup> The etiology of hypodontia and oligodontia is unclear.<sup>15</sup> It might be the result of either environmental or genetic factors, or a combination of these.<sup>10,16</sup> There is considerable evidence suggesting that genes play a fundamental role in the etiology of tooth agenesis<sup>17</sup> conducted a study on children with tooth agenesis and reported that more than 50% of siblings and relatives also presented with hypodontia, a high prevalence compared to the expected prevalence in the general population. A study of twins demonstrated a high percentage of concordance for agenesis between homozygotic twins, whereas pairs of heterozygotic twins presented discordance for this dental anomaly.<sup>18</sup> A variation in the worldwide incidence of hypodontia and a variation in the tooth most frequently involved has been reported in previous studies.<sup>18</sup> Studies of large segments of populations from different locations show great variability in the incidence of hypodontia. The incidence of missing permanent teeth, excluding third molars, was 3.4% in Swiss Children,<sup>19</sup> 4.4% in American Children<sup>20</sup>, 4.6% in Israeli Children,<sup>21</sup> 6.1% in Swedish Children,<sup>17</sup> 8% in Finnish Children<sup>22</sup> and 9.6% in Austrian Children.<sup>23</sup> Orthodontic treatment can facilitate any restorative treatment, sometimes even eliminating the need for it.<sup>24</sup>

Orthodontic treatment for patients with congenitally missing teeth is a challenge to effective treatment planning. Thinking of major alternatives, space closer or space opening for prosthetic replacement, the implant.<sup>25</sup> Early evaluation of the number of missing teeth and consideration of the size of spaces and the number of teeth remaining should aid the orthodontist in planning and managing the treatment.<sup>26</sup> The present study was conducted to explore the pattern of hypodontia among the patients who attended in orthodontics department of BSMMU.

## Materials and methods

### Study design and population

A Cross-sectional descriptive type of study was conducted from August 2015 to February 2016. The study population comprised dental patients who received treatment at the Department of Orthodontics in Bangabandhu Sheikh Mujib Medical University (BSMMU), Dhaka. The inclusion criteria of the participants were included (a) Aged 13 years or above with permanent dentition (b) All patients having any missing permanent tooth except the third molar, (c) Patients who gave written consent, and exclusion criteria included (a) Any doubt about the history of the missing tooth or teeth (like Extraction or Avulsion), (b) Patients with cleft lip and palate, (c) Syndromic patients.

### Study area

The study was done among the dental patient in the Department of Orthodontics, at BSMMU. It is one of the Medical Universities in Bangladesh situated at Shahbagh Dhaka. Doctors are acquired post-graduation degrees from this University, after completing their Bachelor of Medicine and Bachelor of Surgery degrees from different public or private medical and dental colleges. It was established in 1965. The study place was selected purposively depending on the availability of the sample and according to the convenience of the researcher.

### Sample size determination

The sample size was calculated using the following formula:

One sample proportion: (Observed value = 0.03, Hypothesized value: 0.08)

$$\frac{[u\sqrt{\pi(1-\pi)} + v\sqrt{\pi_o(1-\pi_o)}]^2}{(\pi - \pi_o)^2}$$

$\pi$  = 0.03 (Observed value)

$\pi_o$  = 0.08 (maximum expected)

u = 0.842

v = 1.96

According to this formula, the minimum required sample size calculated for this study was 192. However, 102 hypodontia patients were selected purposively as a sample from the patient's hospital record at orthodontics department of BSMMU.

### Sampling technique

The respondents were selected by the purposive sampling technique.

### Data collection technique

Data were collected from hospital records of the Department of Orthodontics of BSMMU. Hospital records which included the study model, patient's record file, and radiographs (Orthopantomograms -OPG) were the source of information to diagnose the hypodontia.

### Data management

All data were compiled and edited meticulously. The data were screened and checked for any missing values and discrepancies. All omissions and inconsistencies were corrected and removed methodically.

### Statistical Analysis

Computer-based statistical analyses were carried out with appropriate techniques and systems. All data were recorded systematically in performed data collection form (questionnaire) and quantitative data were expressed as mean and standard deviation and qualitative data were expressed as frequency distribution and

percentage. Statistical analysis was performed using the Statistical Packages for Social Sciences (SPSS) version 22. The summarized data was interpreted accordingly and was then presented in the form of tables.

### Ethical Consideration

Before the commencement of this study, the research protocol was reviewed and approved by the ethical committee (Local Ethical Committee, Institutional review board) of BSMMU (Ref. No.-BSMMU/2015/1298). As this study is relevant to previous hospital records, it is considered to study models, orthopantomograms, and patient record files. So, there is no physical risk for the participants throughout the study period. All participants will be provided a case number to maintain their confidentiality. Informed consent was taken from each patient. The procedure was helpful for both the physicians and the patients in making a rational approach to the case management.

### Results

#### Distribution of patients according to hypodontia

A total of 1017 patients were found in hospital records. Among them, 102 hypodontic patients were selected and 89.98% (n = 898) of the non-hypodontia patient were not included for this study (Table 1).

**Table 1:** Distribution of patients according to hypodontia

Hypodontia	Frequency (n)	Percentage (%)
Yes	102	10.02
No	898	89.98
Total	1017	100.0

#### Distribution of patients' age and sex

A total of 102 hypodontia patients included in this study, with a mean ( $\pm$ SD) age of 18.98 ( $\pm$ 5.18) years. Among them maximum patients 39.3% (n = 40) were within 13-15 years, both 23.5% (n =24)

were within 16-20 and 21-25 years and 13.7% (n = 14) were within >25 years age group. Hypodontia female patients 55.9% (n = 57) is higher than male hypodontia patients 44.1% (n = 45) (Table 2).

**Table 2:** Distribution of patients age and sex

Variable	Category	Overall N =102	Percentage (%)
		Frequency (n)	
Age (Years)	13- 15	40	39.3
	16 - 20	24	23.5
	21 - 25	24	23.5
	>25	14	13.7
Sex	Male	45	44.1
	Female	57	55.9

Distribution of patients according to the type of malocclusion and missing tooth

The distribution of patients according to the type of malocclusion and missing the tooth were presented in Table 3.

**Table 3:** Distribution of patients according to the type of malocclusion and missing of tooth

Variable	Category	Overall N =102	Percentage (%)
		Frequency (n)	
Malocclusion type	Angle's Class -I	64	62.75
	Angle's Class -II	27	26.47
	Angle's Class -III	11	10.78
Missing tooth	Maxillary lateral incisor	62	60.78
	Maxillary second premolar	10	9.80
	Maxillary first premolar	8	7.84
	Mandibular central incisor	6	5.88
	Mandibular lateral incisor	2	1.96
	Mandibular second premolar	46	45.10

From this table, we found that a higher proportion of 62.75% (n = 64) of patients was in Angel's class-I and a lower proportion of 10.78% (n = 11) of patients were in Angel's class-III type of malocclusion. The majority number of hypodontia patients missing a tooth of maxillary lateral incisor was 60.78% (n = 62) and mandibular second premolar 45.1% (n = 46) and a minority number of hypodontia patients missing a tooth of 1.96% (n = 2).

## Discussion

The present study showed the frequency of hypodontia and the pattern of hypodontia among the patients who

attended the Orthodontics Department at BSMMU. This study found that the frequency of hypodontia was 10.02%. This finding is consistent with other studies which were conducted in the Orthodontics Department at BSMMU and the prevalence of hypodontia among orthodontically treated was 9.54%.<sup>14</sup> A study conducted in India was found 10.4% hypodontia in the pre-treatment records of orthodontic patients at a rural dental OPD in Western Maharashtra, India<sup>27</sup>. Hypodontia (10.0%) is the most common developmental dental anomaly in Iranian orthodontic patients.<sup>28</sup> A study found 10.9% hypodontia among different malocclusion patients.<sup>29</sup> The frequency of hypodontia which was found in the study is almost similar to the above studies. Although the study entitled as "Prevalence and distribution of dental anomalies in pretreatment orthodontic Thai patients" were found 26.1% hypodontia in the pre-treatment records of Thai orthodontic patients at the Faculty of Dentistry, Khon Kaen University.<sup>30</sup> The age category of hypodontia patients in this study is like another prior study.<sup>30</sup> In this study, the female was more predominant than the male. The female-male ratio was 1.26:1. This result is compared to the following studies. Gomes et al. (2009) found female predominance in their retrospective study in Bras lia, Brazil. The study of prevalence of dental anomalies in Iranian orthodontic patients also found obvious female predominance in an area of Iran.<sup>28</sup> Male was 5.05% and female was 5.79%.<sup>31</sup>

Regarding the hypodontia patient in this study, the maximum number of patients was Angle's class I and Angle's class II. This agrees with other prior studies.<sup>27,30</sup> Our study found that the maximum number of patients who had missing teeth of maxillary lateral incisor was 60.78%, mandibular second premolar 45.1%, maxillary second premolar 9.8%, maxillary first premolar 7.84%, mandibular central incisor 5.88% and mandibular lateral incisor 1.96%. The maxillary lateral incisor was the most frequently missing tooth, followed by the mandibular second premolar<sup>32</sup> which is similar to this study. Maxillary lateral incisor (27.95%), mandibular second premolar (21.51%), and maxillary first premolar (12.9%) were



respectively the most frequently absent teeth.<sup>33</sup> Maxillary lateral incisors were most frequently missing teeth (37%) followed in decreasing order by mandibular second premolars (8%)<sup>28</sup>. The most commonly congenitally missing tooth is the mandibular second premolar, followed by either the maxillary lateral incisor<sup>4,17</sup> or the maxillary second premolar.<sup>7,8</sup> However, this result is inconsistent with this study.

### Conclusion

Our study showed the current status of hypodontia patients in the Orthodontics Department at BSMMU. The frequency of hypodontia patients in this study is 10.02%, female is more predominant than males, Angle's class I malocclusion is the most common Angle's class III is the least prevalent malocclusion and the maxillary lateral incisor is the most frequently missing tooth, followed by the mandibular second premolar. Finally, it was a single-center study, so this study needs to expand to the whole country to understand the current status of hypodontia among patients in the orthodontics department.

### Limitations

The present study has several limitations which need to be taken into consideration while interpreting the findings. First, it was a single-center study so generalization could not be done about the hypodontia patient in the whole country of Bangladesh. Second, because of the cross-sectional nature of the study, no conclusions can be drawn regarding causality. Future studies need to overcome such limitations by employing longitudinal designs with larger and more representative samples.

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### Conflict of interest

The authors have no conflicts of interest to declare.

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## Apexification with MTA: 38 Months Follow-up of a Case

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### Abstract

*Dental trauma is common in school children with immature permanent teeth. When the pulp becomes nonvital in such a tooth, apexification is done to induce an apical closure. Calcium hydroxide paste is the most popular material employed to generate the apical hard tissue barrier. However, calcium hydroxide requires substantial time and multiple visits. In the presented case, the placement of an apical MTA plug allowed obturation of the root canal without waiting for the apical barrier formation. After 38 months, the tooth showed every sign of success.*

**Key Words:** Dental trauma, Apexification, MTA, Hertwig's epithelial root sheath, Epithelial cell rests of Malassez  
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### Introduction

Traumatic injuries to immature permanent maxillary incisors are prevalent among school children.<sup>1</sup> Traumatic interference leads to the arrest of root development in such teeth. The resultant wide canals with thin, fragile walls and open apices create challenging clinical situations.<sup>2</sup> In these conditions, induction of root formation (apexogenesis) or root end closure (apexification) have been advocated as treatment options.<sup>3</sup>

The decision for apexogenesis or apexification relies on clinical and radiological features. For example, a patient reporting within 24 hours of traumatic pulp exposure requires apexogenesis. In contrast, a patient

reporting later with definite signs of pulp non-vitality requires apexification.

The apexification procedure includes the chemomechanical debridement of the root canal followed by the placement of an intracanal medicament to assist or stimulate apical healing and the formation of a horizontal apical barrier at the apical end of the root canal to facilitate the subsequent obturation of the canal without voids and excess material in the periapical tissue.<sup>4</sup>

Hertwig's epithelial root sheath is significant in developing the apical barrier.<sup>5</sup> It can survive periapical inflammation and continue root development when the inflammatory process is eliminated.<sup>6</sup> Most commonly, calcium hydroxide is used in apexification.<sup>7</sup> It assists in apical closure by stimulating epithelial root sheath cells. However, calcium Hydroxide apexification involves a long period requiring multiple interventions and higher chances of re-infection because of the temporary seal.<sup>8,9</sup> Therefore, several studies have used Mineral Trioxide Aggregate (MTA) for one-visit apexification in anterior teeth,<sup>10-13</sup> taking advantage of MTA's remarkable biocompatibility, antibacterial property, sealing ability, and potential for regeneration of periradicular tissues. The present article reports the apexification procedure and follow-ups of a maxillary lateral incisor with MTA.<sup>14-24</sup>

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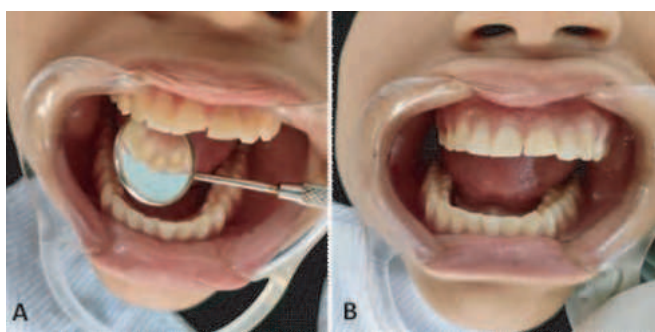
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### Case report

A healthy 11-year-old girl was referred to the Conservative Dentistry & Endodontics Department, Sapporo Dental College & Hospital, to manage

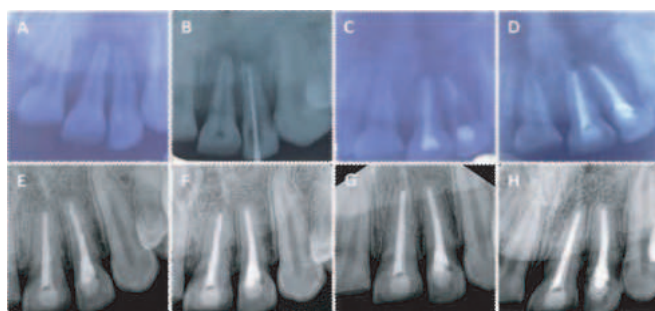


traumatic maxillary incisors (teeth 11, 21, and 22). Tooth 21 and 22 had become nonvital and infected following an injury resulting from an accidental fall from height 6 months back. Pain on percussion of 21 and 22 and fractured crowns of 11 and 21 (Fig. 1-A) were positive clinical findings during the initial clinical examination. Radiographic examination revealed periapical radiolucency (2-3 mm) associated with teeth 21 and 22 (Fig. 2-A). In addition, tooth 22 presented a relatively short root with an open apex. Tooth 11 did not show any sign of periapical radiolucency. The shorter root and the open apex of 22 indicated a hindrance in root formation owing to apical inflammation.



**Fig 1.** Images taken before and after the final restoration of the broken down crown.

A, Before light cure resin composite restoration of upper right central incisor; B, After restoration.



**Fig 2.** Apexification procedure using MTA, obturation with GP, and follow-ups.

A, Preoperative radiograph; B, Working length determining radiograph; C, Placement of MTA plug; D, Obturation with GP; E, Follow-up after 6 months; F, Follow-up after 12 months; G, Follow-up after 24 months; H, Follow-up after 38 months.

**Table 1.** Materials used for apexification

Material	Name/Manufacturer
Normal Saline	Normal/The ACME Laboratories Ltd, Dhaka, Bangladesh.
Sodium Hypochlorite Solution	Irrisol/HAI Laboratories, Dhaka, Bangladesh.
Paper Point	Absorbent Paper Points/DiaDent, Korea.
Calcium Hydroxide Powder	Calcium Hydroxide/Deepti Dental Products, Ratnagiri, India.
Zinc Oxide Cement	Cavition/GC Corporation, Tokyo, Japan.
Mineral Trioxide Aggregate	ProRoot MTA/Dentsply India Pvt. Ltd, India.
Calcium Hydroxide Sealer	Sealapex/SybronEndo, Glendora, USA.
Gutta Percha Points	Gutta-percha Points/DiaDent, Korea.
Light Cure Composite Resin	Solare/GC Corporation, Tokyo, Japan.

The patient and her parents were explained the treatment procedures, which included composite resin restoration of 11, root canal treatment of 21, and apexification of 22 with MTA apical plugs. Should such an approach for 22 fail, a surgical endodontic procedure would have been needed. The patient and her parents agreed with the treatment plan. Therefore, informed consent was obtained before initiation of the treatment procedures. The present article will report the treatment procedure and follow-ups of tooth 22.

At this initial appointment, access to root canal 22 was established, and a thin non-purulent discharge from the canal was noticed. Cotton roles and high volume evacuation was employed for isolation. The canal was gently irrigated with normal saline (Normal, The ACME Laboratories Ltd, Dhaka, Bangladesh). A cotton pellet was placed within the pulp chamber, and the cavity was kept open. The patient was discharged with the advice of warm saline gurgling over the next 48 hours.

A 3rd generation of Cephalosporin (Cefixime 400 mg, 12 hourly for 7 days) was also prescribed to aid in periradicular microbial control. The materials used for apexification are shown in Table 1.

On the next visit, the working length was determined to be 18 mm (Fig. 2-B), 2 mm short of the radiographic apex. The canal was then instrumented to an apical size of 80 with Hedstrom files (H- Files, SybronEndo, Glendora, USA) and irrigated with 1.0% sodium hypochlorite solution (Irrisol, HAI Laboratories, Dhaka, Bangladesh) and normal saline alternately. After drying with the sterile paper points (Absorbent Paper Points, DiaDent, Korea), the canal was medicated with pure calcium hydroxide (Calcium Hydroxide, Deepti Dental Products, Ratnagiri, India) mixed into a paste form with normal saline. Finally, the access cavity was filled with zinc oxide (Cavition, GC Corporation, Tokyo, Japan).

The patient was recalled after 11 days, and the treated tooth was found to be asymptomatic. The access cavity was reopened, copious irrigation was done with 2.5% NaOCl solution using a side vented needle and finally irrigated with normal saline. The root canal was dried with sterile paper points. Next, MTA powder was mixed with distilled water (ProRoot MTA, Dentsply India Pvt. Ltd, India) and plugged into the apical third of the root canal with an MTA carrier. This procedure was repeated several times until the thickness of the MTA reached  $\approx$  5 mm. The position and length of the plug were confirmed by radiograph (Fig. 2-C). Then, a moist paper point (size 80, adjusted to the remaining canal length) was placed over the plug. Finally, the cavity was filled with zinc oxide, and the patient was requested to visit after 48 hours.

On the next visit, the patient presented with a comfortable tooth. Therefore, the root canal was obturated with gutta-percha (Gutta-percha Points, DiaDent, Korea) as filler and calcium hydroxide as a sealer (Sealapex, SybronEndo, Glendora, USA) by lateral condensation technique (Fig. 2-D). Finally, the access cavity was filled with composite resin (Solare, GC Corporation, Tokyo, Japan).

The tooth was found asymptomatic during the follow-up visit after 6 months (Fig. 2-E). The radiograph showed complete periapical healing and root formation.

Follow-up visits after 12 months (Fig. 2-F), 24 months (Fig. 2-G), and 38 months (Fig. 2-H) revealed similar clinical and radiological findings. During follow-up visits, the patient and her parents were counselled about the importance of oral hygiene maintenance.

## Discussion

This case resulted in successful apexification despite a lengthy history of trauma. Since the root formation was incomplete during the trauma, Hertwig's epithelial root sheath and (or) its remnants, the cell rests of Malassez, may have contributed to the apical closure. Although these cells decrease in number with age, they can undergo cell division.<sup>25</sup> So, as long as a periodontal ligament is present anywhere on the root, the formation of a hard tissue barrier is a reality.

The ability of calcium hydroxide to induce a hard tissue barrier by stimulating cellular activity in epithelial root sheath is accepted, and its osteogenic potential has been known for some time.<sup>26</sup> It also accelerates the natural healing functions in the periapical tissues.<sup>27</sup> The favourable consequences of its use can be attributed to its anti-inflammatory, acid neutralizing, alkaline phosphatase activating, and antibacterial action. It is also less toxic, bactericidal, biocompatible, and has tissue dissolving properties.<sup>28,29</sup>

However, calcium hydroxide has inherent disadvantages such as variability in treatment time, the unpredictability of apical closure, difficulty in patient follow-up, failure in controlling infection, recurrence of infection, cervical fracture, and increased risk of root fracture.<sup>30-32</sup> MTA has superior biocompatibility, and it is less cytotoxic. The presence of calcium and phosphate ions in MTA results in the attraction of blastic cells. It promotes a favourable environment for cementum

deposition.<sup>33,34</sup> Moreover, Felipe et al. demonstrated that MTA results in complete apical barrier formation compared to Calcium hydroxide.<sup>35</sup> Our radiographic images obtained after six months, one year, two years and three years of treatment agree with their report.

It has been reported that calcium hydroxide when used as an intracanal medicament between visits, promotes healing by efficiently eliminating bacteria which survived after biomechanical preparation of the canal.<sup>29,36</sup> Granulation tissue often grows into the apical area of a wide-open root canal. It is sometimes difficult to remove with instruments. However, it necrotizes when calcium hydroxide is packed into the canal as intracanal medicament. It can be rinsed out of the canal at the subsequent visit with sodium hypochlorite.<sup>3</sup> Therefore, in the presented case, calcium hydroxide dressing was given to disinfect the canal, followed by the application of MTA.

The thickness of the MTA plug directly affects its hardness, sealing ability, and displacement when used as an apical barrier. For example, a 5 mm plug is significantly more robust and leakage-resistant than a 2 mm plug.<sup>37</sup> Also, a 4 mm plug is significantly more resistant to displacement than a 1 mm plug.<sup>38</sup> Therefore, following the previous reports, we used a 5 mm plug. Aminoshariae and coresearchers reported that the hand method of placement and condensation of MTA resulted in better adaptation with fewer voids than the ultrasonic method.<sup>39</sup> Accordingly, MTA placement and condensation were done manually in the presented case.

The time required for apical barrier formation may be as long as twenty months using calcium hydroxide. Age and extent of periradicular inflammation may affect the time needed to form an apical barrier.<sup>40</sup> In the presented case, MTA achieved apical closure in around 6 months. A comparative

study on young permanent incisors showed that MTA needs reduced treatment time and better sealing ability. Being biocompatible and stronger provides an opportunity for immediate obturation.<sup>41</sup> In the presented case, MTA achieved apical closure in around 6 months. Nonetheless, MTA is much more expensive and challenging to work with during placement in a root canal due to its naturally sandy consistency when hydrated.<sup>42</sup>

## Conclusion

MTA has proven its ability in apical healing and stop formation within a short period in the presented case. The placement of an MTA plug also allowed obturation of the root canal without waiting for the apical barrier formation. Clinical and radiological follow-ups until 38 months of treatment showed remarkable results.

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## Skeletal and dental changes in Class II division 1 malocclusion using a two-phase approach – a case report

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### Abstract

*An 11-year-old female patient reported in good health with the complaints of protrusion of upper front teeth and unpleasant look. Extra oral examination showed convex facial profile with posterior divergence of the face due to retrognathic mandible. She had increased overjet, deep bite. Lips were potentially competent. Intraoral examination revealed erupting upper canine, showed maxillary anterior segment proclined, 10-mm overjet, and 5-mm overbite. After the diagnosis of severe Angle Class II division 1 malocclusion, an upper removable appliance with anterior bite plan to correct the Class II relationships and multiloop edgewise arch wires were used for leveling alignment and finishing. Follow-up examinations revealed an improved facial profile, normal overjet and overbite, and good intercuspation. The patient was satisfied with her post treatment occlusion, smile, and facial appearance. This result suggests that functional removable orthodontic appliance in combination with the multiloop edgewise archwire technique is an effective option for correcting Class II malocclusions.*

**Key Words:** . Class II Div. 1 malocclusion, Skeletal malocclusion, Soft tissue change, Mandibular advancement

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### Introduction

Among the various types of malocclusion found in human populations, class II division 1 is one of the most common. According to Dr. James McNamara, mandibular retrusion is the most common feature of class II division 1 malocclusion in growing children.<sup>1</sup> According to Angle, a Class II malocclusion is characterized by the distal occlusion of the mandibular first molar in relation to the maxillary first molar.<sup>2</sup> The marked overjet also

increases the patient's susceptibility to dental trauma. Additionally, the unaesthetic facial appearance often has psychosocial consequences.<sup>3</sup> The optimal time for treatment of patients with Class II malocclusions therapy should be initiated at the beginning of cervical vertebrae maturation stage CS3 to maximize the treatment effects.<sup>4</sup> Growth modification can be carried out to correct the skeletal class II malocclusion at early permanent dentition.<sup>5</sup> Orthodontic treatment planning depends on several factors, including the nature of the malocclusion, patient characteristics, and family history.<sup>6</sup>

In skeletal class II, where active growth is completed, underlying skeletal discrepancy can be camouflaged by orthodontic tooth movement with extraction.<sup>7</sup> The use of a single phase treatment only commences in the permanent dentition with fixed appliance treatment.<sup>8</sup> The perfect treatment timing of Class II malocclusions appears to be during or shortly after the start of the pubertal growth spurt.<sup>9</sup> Functional appliances serve as a potentially successful treatment modality with a retrusive mandible.<sup>10</sup>

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**Figure 1.** Pretreatment facial and intraoral photographs

### Diagnosis and Etiology

A Bangladeshi girl aged 11 years presented with a chief complaint of protrusive teeth. She had a convex facial profile, deep bite, lack of passive lip seal. Intraoral examination revealed maxillary diastemas, slight crowding of the mandibular incisors, overjet of 10 mm, and overbite of 5 mm

### Radiographic findings

The radiographic analysis of the patient's initial orthopantomogram (Figure: 3) showed an early stage of permanent dentition with all teeth present except third molars with no other abnormalities. Figures: 2(a), show the pre-treatment cephalogram, revealed a Class II skeletal relationship. It showed a moderate skeletal ANB difference of 5. The maxilla was normal relative to the cranial base with an SNA at 81. The mandible was retrognathic with an SNB value of 76. The maxillary incisors were proclined.

### Diagnosis

#### Soft tissue

The patient presented mesocephalic with a convex

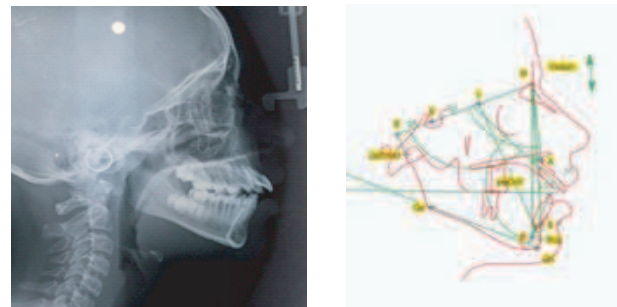
profile, posterior divergence, obtuse nasolabial angle and a Class II lip relationship.

#### Skeletal:

Skeletal class II jaw relationship (ANB 50) with retrognathic mandible (SNB 760) with average growth pattern.

#### Dental:

Angle Class II Division 1 with maxillary incisors proclined. An overbite of 5mm and an Overjet of 10mm.



**Figure 2.** Pretreatment cephalometric radiographs and tracing.



**Figure 3:** Pretreatment panoramic radiograph

### Treatment Objectives

The objectives of first phase were to reduce the skeletal class II pattern, to improve the facial appearance, reduce overbite and mandibular advancement to reduce overjet. The second phase objective was to correct the maxillary dental protrusion, settle the teeth in their new positions, ensure good interdigitation, and achieve a stable occlusion.



**Figure 4.** Pretreatment facial

any residual crowding and to improve interdigitation and settling in the new Class I position. Retention Removable Hawley's maxillary and mandibular retainers.

### Treatment Progress

First phase of treatment was done by upper removable inclined anterior bite plan made by self-cure acrylic resin with Adams clasps on both first molar and both first premolar. Patients was instructed to wear the appliance whole day and night including during eating. The appliance was continuing for eight months up to the complete eruption of all premolars and canine.

Second phase of treatment was initiated by banding the maxillary and mandibular first molars and bonding with standard edge wise edgewise brackets (0.018 - 0.028-inch slot). Leveling was performed with 0.014-inch ss MEAW, 0.016-inch ss MEAW, 0.014-inch CuNiTi, 0.016-inch CuNiTi, 0.016 ss archwires. The MEAWs were maintained for 2 months to avoid possible relapse of the Class II relationship. During leveling, in addition to the 0.014-inch ss archwire, a lace back ligature was tied from molar to canine to reduce canine protraction. Treatment was finished with 0.017x0.025ss wire. After 24 months of active treatment, a Hawley plate were used in the maxillary and mandibular arches.

### Results

The post-treatment photographs (Figure 6) revealed an improved soft tissue facial profile along with lip incompetency. The intraoral photographs exhibited bilateral Class I molar and canine relationships and an occlusion with a normal overjet and overbite. Good intercuspation, proximal contacts, and root parallelism were achieved (Figure 8). The cephalometric (Figure 7) analysis demonstrates favorable forward growth of the mandible. There was a reduction of the skeletal class II with a 2 decrease in the ANB angle through forward growth of the mandible. The post-treatment value of SNB at 79 indicates the advancement of mandible. At the end of treatment (Figure 6), the patient had pleasing soft tissue profile and well-settled dentition. Comparison of pre-treatment and post-treatment cephalometric

values is given in. Total treatment time was 24 months. The final lateral cephalogram demonstrated proper inclination of the maxillary incisors (Figure 7). The mandibular incisors were facially inclined and the upper lip projection was reduced. The patient was satisfied with her dental and facial appearance.

Facial photographs (Fig. 6): The post treatment facial photographs showed a reduction of the labial protrusion and stable facial balance as well as a pleasing smile. Close examination demonstrated an improvement in the nasolabial angle. The frontal and smile photographs demonstrated the elimination of the lower lip strain.



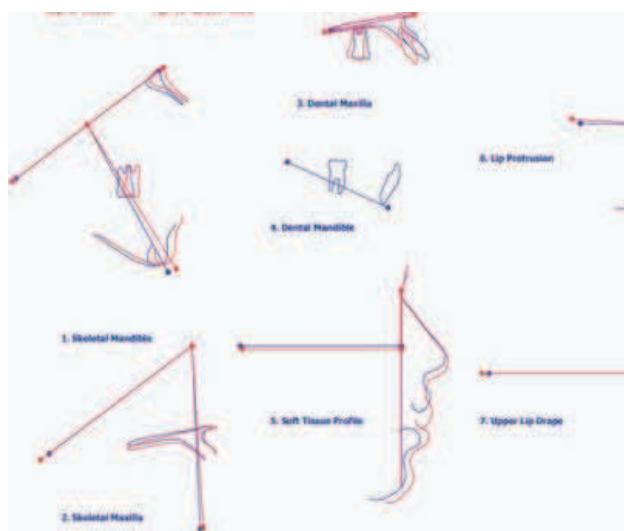
**Figure 9.** Superimposition of pre and post treatment cephalogram

Radiographic examination: The post treatment panoramic radiograph (Fig. 8) revealed root parallelism and no root resorption. The ANB angle was decreased to 2. SN-GoGn was 35 after treatment it was 30. Pretreatment SND was 74 and post treatment SND was 76. Pretreatment S-L was 32mm and post treatment was 40mm. This three issue revealed that mandible grows forward direction. The cephalometric tracing (Fig.7) illustrated incisor inclination correction on upper jaw because pretreatment Mx1-NA was 37 which improved to 20 and Interincisal angle improved to 130 from 115.

Superimposition (Fig 9): Pretreatment-post treatment superimposition tracings confirmed that the mandibular grows forward and upwards direction. Lower first molar also moves forward and establishing Angles class I occlusion. Intrincisal angle improved. Soft tissue profile improved and lower lip moves forward and upwards which makes the lip competent.



Segmental superimposition (Figure 10): Dental Maxilla showed the upward and backward repositioning of the maxillary incisors. Mandible showed forward advancement. Soft tissue profile improved aesthetically and lower lip touching the upper lip which makes the lip competent. Upper lip drape downwards.



**Figure 10.** Superimposition of pre and post treatment cephalogram

## Discussion

General considerations and principles of management: Majority of Class II division 1 shows a distal relationship of the mandible to the maxilla.<sup>16</sup> Upper anterior bite plan causes increase of mandibular dentoalveolar height and mesial or anterior movement of the lower buccal segments, which is produced by normal mandibular growth.<sup>17</sup> Functional appliances make use of dentoalveolar movement, altered soft tissue environment and the greater growth potential of the mandible to successfully decrease the overjet in growing patients.<sup>18</sup>

## Conclusion:

1. For children with moderate to severe class II division 1 malocclusion problems, anterior bite plan and fixed appliance is a successful approach.
2. Mild mandibular retrognathism can be successfully treated by anterior bite plan at

growing age. 3. A successful two-phase approach in Class II Division 1 cases has the potential to prevent the removal of bicusps to treat the malocclusion. 4. The success of this case would not have been possible without the compliance of the patient in the first phase of treatment.

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